

7th & 8th Grade Field Hockey Practice Schedule - 2022

SEPTEMBER:

Monday, 12th - Practice on Field behind **FHS** 2:45 to 4:15

Tuesday, 13th - Uniforms in Large Gym followed by indoor practice

Wed., 14th - Practice on Field behind **FHS** - **this is a change! Was supposed to be on FMS but varsity has decided not to use the field today (Wed., 9/14)....practice behind FHS today from 2:45 to 4:15!**

Thurs., 15th - Practice on Field behind **FHS** 2:45 to 4:15

Monday, 19th - Practice 2:45 to 4:15 on field behind FHS

Thurs., 22nd - Practice on **FMS field 2:45 to 4:15.**

Mon., 26th - Practice 2:45 to 4:15 on field behind FHS

Thurs., 29th - Practice 2:45 to 4:15 on field behind FHS

OCTOBER: - EVERYTHING BELOW WILL TAKE PLACE BEHIND FHS ON THE GRASS FIELD!

Monday, 3rd - Practice 2:45 - 4:15

Tues. 4th - Middle School HOME game vs. Windham.

Wed. 5th - Practice 2:45 - 4:15.

Thurs. 6th - Practice 2:45 - 4:15.

Thurs. 13th - Practice 2:45 - 4:15.

Fri. 14th - Middle School HOME game vs. Lincoln.

Mon. 17th - Practice 2:45 - 4:15.

Wed. 19th - Middle School HOME game vs. Gorham. *This is an early release day!*

Most games will be played on Tuesdays and Fridays. See game schedule for details.

Please have a water bottle, (2) mouth guards (not white or clear), shin guards, cleats and a field hockey stick for practice!